We have officially passed the half way mark of the term and we are rapidly drawing to a close yet another school year. The students have been very busy since the start of the Term, learning new content and commencing their final assessment tasks in preparation for their end of year report card.

Just reminding parents that we email report cards home. This will occur Wednesday and Thursday of the last week of Term. What we require from you? Please ensure that you have provided the ladies in the office with the most up to date contact and email details this will enable the new process to function more efficiently and effectively. We appreciate not everyone has the internet so please be assured that provisions will be made for those families.

Your opinion matters - School Opinion Survey
Earlier this year, all parents, carers, staff and students from Year 4, 5 and 6 were invited to participate in the annual School Opinion Surveys which are undertaken to help schools identify what they do well and how they can improve. While the P&C is a forum for parents to give their opinions, the School Opinion Survey allows every parent the opportunity to have a say in our school and help set the future direction. Preliminary results from these surveys have recently been received and are extremely positive indicating that as a school we are continuing to do well. While all questions from the School Opinion Survey are important, and provide our school with useful information of future direction, I have included a summary of key responses from ‘students’ and ‘parents/caregivers’ that show that Musgrave Hill is a school of choice for our community.

<table>
<thead>
<tr>
<th>School Opinion Survey Question</th>
<th>2016 Satisfaction</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parents/caregivers – their child likes being at this school</td>
<td>96%</td>
</tr>
<tr>
<td>Parents/caregivers – their child is getting a good education at this school</td>
<td>94%</td>
</tr>
<tr>
<td>Parents/caregivers – this is good school</td>
<td>94%</td>
</tr>
<tr>
<td>Students – I like being at this school</td>
<td>97%</td>
</tr>
<tr>
<td>Students – I am getting a good education at this school</td>
<td>98%</td>
</tr>
<tr>
<td>Students – this is good school</td>
<td>97%</td>
</tr>
</tbody>
</table>
Attendance = Success
At Musgrave Hill State School our goal is to have a daily attendance rate of 95% and above in each year level, as you can see on the table we are falling below our targets. So let us make every day count and aim to reach our goal of 95%.

<table>
<thead>
<tr>
<th>Year level</th>
<th>Attendance %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prep</td>
<td>95%</td>
</tr>
<tr>
<td>Year 1</td>
<td>92%</td>
</tr>
<tr>
<td>Year 2</td>
<td>91%</td>
</tr>
<tr>
<td>Year 3</td>
<td>92%</td>
</tr>
<tr>
<td>Year 4</td>
<td>90%</td>
</tr>
<tr>
<td>Year 5</td>
<td>95%</td>
</tr>
<tr>
<td>Year 6</td>
<td>94%</td>
</tr>
</tbody>
</table>

Here are some interesting figures to consider the next time your child says they feel like a day off school and you allow that to happen.

- Students who miss 1 day each fortnight (this equates to a 90% attendance rate)
- They miss 20 days of school per year (4 weeks)
- If this pattern started in Prep and went on through to year 7 a child would miss 32 weeks of school
- If there are only 40 weeks of school in a year this means that a child has missed almost 1 complete year of school (3 terms and 2 weeks) over their primary school years.

Tuckshop Day - Friday 4th November
Let’s give a special thank you to our wonderful and amazing tuckshop convenors Sally and Ange and also Lucy who lends a hand when required. Tuckshop Day recognises the great work our convenors do each and every school day. It also highlights the important role tuckshops play in school life. Providing nutritious food and drinks means families can have one less task to worry about at the start of their day and helps students to concentrate and learn well in class.

Independent Public School (IPS)
All voting has been completed as to whether Musgrave Hill State School advances to application stage for IPS. The voting has overwhelmingly endorsed that the school move towards the submitting of our application phase. This was submitted for consideration on the 4th November. We will be notified of the outcome prior to the end of the school year.

Amazing Student Achievement
As mentioned in a previous newsletter Aiden T was selected in 2015 to compete at the UCI BMX World Titles in Belgium, resulting in Aiden being awarded 1st Place Boys 5-6 years - World 1, which automatically qualified him to compete at the UCI BMX World Titles in Columbia 2016. Aiden battled it out at the UCI BMX World Titles in Columbia with hope to regain his World 1 ranking, Aiden rode extremely well in all motto’s and finals:

- Motto 1: 1st Place
- Motto 2: 1st Place
- Motto 3: 6th Place unfortunately Aiden crashed out in this race
- Quarter Finals: 1st Place
- Semi Finals: 1st Place
- Finals: 3rd Place - Resulting in Aiden being awarded 3rd Place Boys 7 years - World 3
Aiden’s fantastic podium finish has automatically qualified Aiden to compete at the next UCI BMX World Titles at Rock Hill – USA in 2017 allowing him the opportunity to gain back his World 1 ranking.

Well Done Aiden, we here at Musgrave Hill are extremely proud of you.

Julie-Anne McGuinness – Principal

MESSAGE FROM THE DEPUTY PRINCIPAL

Prep Portfolio Afternoon 2016
This week Prep classes shared their portfolio work with their families. The portfolio contains a collection of tasks that students have created and they showcase the skills mastered throughout the year. It is lovely for students to reflect on how far they have travelled in their learning and also celebrate this preparation for year 1. This portfolio contains beautiful artwork, math and writing samples but most importantly contains many photos from the events celebrated across the year. The Prep students spoke to teachers, staff and parents about their work and reflected on their learning and goals. Well done Prep and what an amazing afternoon!

Singing Club – Count us in
The 2016 Singing Club sacrificed lunchbreaks all year long to learn songs and participate in the Surfers Paradise foreshore event. They showed dedication to learn both the words and actions for a collection of songs. Our little choir stood proudly centre stage alongside other schools from across the Gold Coast. Congratulations to all students for their enthusiasm for singing and their exemplary behaviour on the day. We look forward to being a part of this event in 2017.

Mrs Melissa Newman – Acting Deputy Principal/H.O.S.E.S
Learning Tip

Helping your child understand Remembrance Day
BY VACATIONINGWITHKIDS

As adults we understand what Remembrance Day is, why we observe this day and the significance of the poppy. Being the parents of young children, we try and shelter them from violence and sadness so they aren’t worried and scared. That being said though, I think it’s important to be honest with them as to why we celebrate Remembrance Day.

Keep it simple, give them the basic facts and let their curious minds lead the conversation where it may.

Here are some facts to share with them to get the conversation going:

- Remembrance Day is an annual occasion when our country invites us to remember and honor the men and women who have fought in wars long ago to keep us safe
- Remembrance Day is always on November 11th as it marks the day that the war was over and there was peace again
- We participate in 2 minutes of silence at 11:00am on November 11th to be thankful and remember all the brave soldiers that gave us a safe country to live in
- Is there a relative that served in the war? Tell their story
- Explain that we are very lucky to live in a country where there is peace
- What is a Poppy and why do we wear them? – We wear red flowers called Poppies to show others that you are remembering those who died for their country. The reason poppies are used is because they are the flowers which grew on the battlefields after World War I ended.

If they don’t understand, don’t push it. You can help them feel involved in this important day in other ways and in time, when they are ready, they will understand.

What can we do to celebrate Remembrance Day with our Children?

- Teach them about Peace and why it important in everyday life, on the playground and how they can be a peacekeeper
- Read a book with them about Remembrance Day
- Take them to purchase a Poppy. Children get excited to put money in the box and wear their poppy proudly
- Observe 2 minutes of silence at 11:00 am
- Watch a Remembrance Day Ceremony on TV or attend a local ceremony
- Send a Postcard for Peace to say thank you to those who served
- Make a Remembrance Day Craft
- Read a Remembrance Day Poem – In Flanders Fields is probably the most recited for Remembrance Day

*In Flanders fields the poppies blow\nBetween the crosses, row on row.\nThe larks, still bravely singing, fly\nScarce heard amid the guns below.*

*We are the dead. Short days ago\nWe lived, felt dawn, saw sunset glow.\nLoved, and were loved, and now we lie\nIn Flanders fields.*
Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.

– Lt.-Col. John McCrae (1872-1918)

Parenting Tip
RESILIENCE
Resilience is a 21st Century parenting concept that every parent needs to understand.

Some kids are resilient by nature – their temperament helps them to be mentally and psychologically tough. You know those kids. They get straight back up after a setback or disappointment. Rejection in the playground doesn’t faze them. Unfortunately, not every child has such natural resilience.

The good news is that most of the research shows that resilience can be nurtured and developed, particularly when parents themselves are resilient and they actively foster it in their kids.

Resilient kids share four basic skill sets- independence, problem-solving, optimism and social connection.

Building Resilience
From a resilience perspective, parents need to coach kids through some of their more challenging moments and reviewing what they may have learned for next time. Avoid solving all their problems for them.

You can promote a lasting sense of resilience in your kids by:

1. Having a positive attitude yourself. Your attitude as a parent impacts on their ability to bounce back from some of the difficulties they face. Make sure you model a ‘you can do it’ attitude for your child when he meets some of life’s curve balls.
2. Look for teachable moments. Many kids’ learning opportunities are disguised as problems. Make the most of these opportunities so that kids can grow and learn from some of the challenges they face.
3. Make kids active participants in the family. Active participation in a family develops the self-help, problem-solving and independence skills of kids that are necessary for resilience.
4. Build kids coping skills. There are plenty of strategies you can pass on to kids to help them cope when life doesn’t go their way, including acceptance, getting away for a while, and normalisation.
5. Promoting resilience in kids is a not a single event but a continuous process that requires adults to be supportive and empathetic when things don’t go their way. It also requires you as a parent to have an understanding of resilience, so you have faith in yourself, and your child’s ability to cope.

Health Tip
Edamame Beans
Edamame are fresh green soybeans. They are a delicious and nutritious vegetable option for daily Munch and Crunch. They provide the necessary protein, along with a variety of vitamins and minerals for growing minds and bodies. Grocery stores sell frozen edamame either shelled or still in the pods. A 1/2-cup serving of shelled edamame contains only 100 calories, with 3g of unsaturated fat and 8g of protein. It also provides 4g of fibre and is a good source of calcium, copper, folate, iron, magnesium, manganese, phosphorus, thiamin, vitamin A, vitamin C and vitamin K. Edamame doesn’t contain any cholesterol and has very little sodium.

Candiece Ledwidge and Tamara Hall – Head of Curriculum
Monday 5th December 5.00 to 6.30pm
Our tuckshop is open and will be having a sausage sizzle, you can also purchase pies, sausage rolls, drinks and snacks.

We are having our usual Mega Christmas Raffle, donations are welcome for non-perishable foods and other new items, please take items to the tuckshop.

Tickets will be on sale on the night

Tina Quirke – P & C President

The tuckshop has some great new summer salads available as well as other new menu items - check them out on Flexischools.com.au

Tuckshop will be closed on WEDNESDAY, THURSDAY and FRIDAY of the last week of school for lunch orders however we will be open for over the counter purchases of drinks and snacks.

Uniform News
It is time to get in and get ready for 2017. All stock is available for purchase, we accept cash, eftpos, flexischools and layby.

We have a limited number of new skirts for only $5 each in sizes 4, 12, 14 & 16. We also have preloved polos, shorts & skorts from $3.

Uniform Shop Opening Hours for January 2017
Thursday 19th January 2pm - 5pm
Friday 20th January 10am - 2pm

Angela Anderson and Sally McWilliams – Tuckshop Convenors

Last week a Student Resource Scheme form was sent home, we ask that you complete this form and return to the office.

The cost will be $130.00 for the year, the first instalment or full payment is due by the end of November 2016. Thank you to those parents who have already paid.

Please note that we now have a BPoint option, this is a safe way to pay online. If you choose to pay through Centrepay an application form will need to be completed.

Janette Connolly – Business Services Manager
Free Dental Check-ups for Musgrave Hill SS Students

This service will be provided at Labrador State School by Mobile Dental Van 128.

To arrange an appointment for your child telephone:

The Oral Health Client Service Centre
☎ 1300 300 850
Monday – Friday 8.00 am – 4.30 pm
Excluding Public Holidays

Child Dental Benefit Schedule Vouchers are accepted. When your child’s $1000 cap is reached, there will be no out-of-pocket expenses provided your child meets *eligibility criteria.

* Eligibility – All Queensland resident children aged four years or older who have not completed year 10 of secondary school.

Further information on public funded oral health services can be accessed via URL: http://www.health.qld.gov.au/goldcoasthealth/html/services/oralhealth.asp

ASSEMBLY AWARDS

BEST SCHOOL ATTENDANCE

<table>
<thead>
<tr>
<th>Prep to Year 2</th>
<th>%</th>
<th>Years 3 to 6</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prep Yellow</td>
<td>97.71%</td>
<td>5 Lilac</td>
<td>95.83%</td>
</tr>
<tr>
<td>Prep Red</td>
<td>95.75%</td>
<td>6 Gold</td>
<td>95.00%</td>
</tr>
</tbody>
</table>

AUSSIES OF THE MONTH FOR NOVEMBER – PREP TO YEAR 2

<table>
<thead>
<tr>
<th>Prep Orange</th>
<th>Prep Red</th>
<th>Prep Silver</th>
<th>Prep Yellow</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Orange</td>
<td>1 Blue</td>
<td>1 Green</td>
<td>2 Jade</td>
</tr>
<tr>
<td>2 Purple</td>
<td>2 Mauve</td>
<td>2 Violet</td>
<td>3 Indigo</td>
</tr>
<tr>
<td>3 White</td>
<td>3 Lilac</td>
<td>4 Gold</td>
<td>4 Indigo</td>
</tr>
<tr>
<td>4 Teal</td>
<td>4 Ruby</td>
<td>5 Lilac</td>
<td>5 Lilac</td>
</tr>
<tr>
<td>5 Navy</td>
<td>5 Mauve</td>
<td>6 Gold</td>
<td>6 Gold</td>
</tr>
<tr>
<td>6 Navy</td>
<td>6 Mauve</td>
<td>7 White</td>
<td>7 White</td>
</tr>
</tbody>
</table>

AUSSIES OF THE MONTH FOR OCTOBER – YEARS 3 TO 6

<table>
<thead>
<tr>
<th>1 Navy</th>
<th>2 White</th>
<th>3 Purple</th>
<th>4 Lime</th>
<th>5 Navy</th>
<th>6 White</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Mauve</td>
<td>2 Navy</td>
<td>3 White</td>
<td>4 White</td>
<td>5 Navy</td>
<td>6 White</td>
</tr>
<tr>
<td>2 Navy</td>
<td>3 White</td>
<td>4 White</td>
<td>5 Navy</td>
<td>6 White</td>
<td>7 White</td>
</tr>
<tr>
<td>3 Navy</td>
<td>4 White</td>
<td>5 Navy</td>
<td>6 White</td>
<td>7 White</td>
<td>8 White</td>
</tr>
<tr>
<td>4 Navy</td>
<td>5 White</td>
<td>6 White</td>
<td>7 White</td>
<td>8 White</td>
<td>9 White</td>
</tr>
<tr>
<td>5 Navy</td>
<td>6 White</td>
<td>7 White</td>
<td>8 White</td>
<td>9 White</td>
<td>10 White</td>
</tr>
</tbody>
</table>
3 Purple Problem Solvers

3 Purple have been learning about the different problem solving strategies they can utilise when solving mathematical word problems.

- Split Strategy
- Jump Strategy
- Regrouping Strategy
- Compensate Strategy
NETTS: Number Explicitly Taught Through Skills

At the moment we are finalising our assessment of our number skills for the year in NETTS lessons. This is a time for celebration to see what we have learnt but it can also be a time that can be disheartening for some students. It is a time to pause and celebrate the improvements not only in scores, but improved attitudes towards having a go and trying ‘the hard stuff’. Sometimes that is the real celebration.

It is also a really important time at home to talk to our children, celebrate their successes and explore strategies that encourage success and feelings of positivity towards assessment at school. While the gains may not always be momentous, focusing on even smaller learning wins can help children to see their learning growth in a positive light. A good article about encouraging success can be found here. While it is from a high school perspective, the messages are the same for primary aged students.

For the rest of the term we will be celebrating our learning (and growth in attitudes AND scores – there have been some MAJOR improvements, well worth celebrating) and playing all of the fun games that can help us to learn about numbers.

If you would like any ideas for helping to engage your children in learning about numbers, please do not hesitate to email or contact me (I am found in the NETTS room in the library).

Yours in numbers,

Annette Vlaanderen - avlaa2@eq.edu.au

FROM OUR CHAPLAIN’S DESK

Scripture Union held their 1st ever GC Frontline Dinner. This was an opportunity for Gold Coast Chaplains, School Staff and members of the local community to come together and celebrate what Chaplaincy means in Gold Coast Schools.

We had the privilege of having our own, Amelia Harvey address the 360 people in attendance and share what having a School Chappy at her school means to her. She did a tremendous job and many people shared with me that it was a highlight of the night. Congrats Amelia!

I would like to thank each person who came on the night. The support means so much to me. A special thanks to those who volunteered to host a table.

We hope to have another celebration next year. Musgrave Hill had an awesome presence there at the event - which shows I am blessed to be part of a very special team!

I love this school and the role I have. Please don't hesitate to call me if I can be of service or support to you or your families.

Rusanne (Rusty) Jourdan – Chaplain
Anger - one of the biggest challenges as a parent

5 healthy ways to manage anger

Managing anger is the biggest emotional issue that many children face. Boys, in particular, seem so angry at the moment, and the professionals are unable to agree why and the best way to handle it. In fact, anger is discouraged as we see no place for it in homes, schools or the community. ‘People in a civil society don’t get angry’ seems to be the conventional wisdom, so we bottle it up rather than express it healthily.

The trouble is anger handled in this way simmers away making a person unhappy and depressed or it bursts forth in awful, uncontrolled ways.

Here are five ways to help boys (and girls) manage anger in healthy ways:

1. **Recognise it** The first step is to help kids recognise that they are angry. What are the signs? What are they thinking? We are all different but tension in the shoulders, restricted breathing and clenched teeth are common signs of anger.

2. **Name it** Developing a vocabulary around anger is important. Annoyed, angry and enraged are very different emotions but are often described as the same.

3. **Choose it** Help children recognise that they have a choice to stay in control or lose control when they get angry.

4. **Say it** Encouraging children to express how they feel is okay as long as no one is hurt. The use of ‘I Statements’ is one way of letting others know how they feel. “I feel really mad when you say nasty things about me...” is one way of being heard.

5. **Shift it** Help children shift their anger to a more pleasant and less energised place. They may go for a run, play a physical game or pour their anger into a protest letter to let their frustrations out.

The maxim of managing anger in healthy ways is: “There’s nothing so bad that we can’t talk about it. However, there are behaviours that we don’t engage in when we are angry.”

For any extra information or support please see Emma White, Guidance Officer at school (Tues/Wed/Thurs) or email her on ewhit207@eq.edu.au.

Ideas and information adapted from: www.parentingideas.com.au

Emma White – Guidance Officer (Tues, Wed, Thurs)
Are you eligible for financial help?

Keebra Park State High School

Year 7 2017 Orientation Day

When: Friday 2nd December    Time: 9:00am—2:45pm    Where: Resource Centre

* Parent Information Session 9am to 9:45am
* Student enrolment for 2017 is required for attendance

Students will spend the day learning about the school, meeting new friends and taking part in the high school experience.

Wear: Sports clothing and shoes    Bring: Water bottle and morning tea

Lunch will be provided—BBQ and fruit

5509 2555
Email: thex1@eq.edu.au

Are you eligible for financial help?

Can Saver Plus assist you with school costs?

Join Saver Plus and match your savings, dollar for dollar, up to $500 for educational costs including:
- school uniforms and text books
- computers, laptops and tablets
- excursions and camps
- sports equipment, uniforms and lessons
- music tuition and instrument hire.

You may be eligible if you have a Health Care or Pensioner Concession Card, are at least 18 years old, have some regular income from work (you or your partner), such as full-time, part-time, casual or seasonal work, and have a child at school or study yourself.

Contact Sylvia Constantin your local Saver Plus Worker:
(07) 5644 9182 / 0431 076 011
or sylvia.constantin@benevolent.org.au

Saver Plus was developed by ANZ and the Brotherhood of St Laurence and is delivered across South Australia by the South Coast.
The program is funded by ANZ and other philanthropic donations.
Important information about school bus travel for 2017

School transport is not free. However, you may be eligible for transport assistance under the Department of Transport and Main Roads (TMR) School Transport Assistance Scheme (STAS). APPLY NOW if you intend to use a Surfside Buslines bus to get to or from school.

Frequently asked questions

Can I get a bus pass?

There are a number of general criteria that apply to STAS. Where a student is eligible for STAS, there are two types of bus assistance available, distance based and Safety-Net travel. Visit www.translink.com.au/schooltransport for eligibility details and to print the relevant application form.

Where do I send the form to?

Applications for 2017 can be submitted now to Surfside Buslines PO Box 3036 Robina QLD 4230 Or Email: gcschools@tagroup.net.au

Who needs to apply?

If this is the first time you are applying for assistance to travel or you are moving schools, changed address, repeating a grade or are moving from primary school to secondary school you need to apply now.

Existing bus pass holders

If your details will not be changing from 2016 to 2017 you do not have to reapply.

Students who hold a 2016 bus pass will be able to travel with that pass until 24 February 2017. This allows some time for the 2017 passes to be made.

If you lose your 2016 bus pass you will have to apply to Surfside Buslines for a replacement.

How do I get my bus pass?

Surfside will process applications over the Christmas school holidays so your pass will be sent to your school for you to collect.

What if my pass hasn’t arrived by 24 Feb 2017?

Without written confirmation from TMR stating your application has been approved you will need to pay the full cost of travel. These fares are not refundable.

What if I am not eligible for STAS?

The Queensland Government offers children and students a 50% concession fare by purchasing a TransLink go card. Passengers aged 5-14 years are eligible for a child concession fare.

Full time students 15 years or older are eligible for a Student Concession go card. To receive a concession fare, students must always carry an approved Queensland student photo identification card or wear an official Queensland school uniform.

Timetables

Use the TransLink journey planner to plan your travel to and from school. There are helpful tips on how to plan and how to catch a bus. Alternatively telephone 13 12 30.

Check out the new MyTransLink app. All bus, train, ferry and tram information is in the palm of your hand with customisable features so you will always get the updates that matter to you.

Further information

For more information on the School Transport Assistance Scheme, the Code of Conduct for School Children Travelling on Buses and Timetables visit: www.translink.com.au
HEAR FILM PRODUCER ANTHONY GORDON

Australian film producer Anthony Gordon was responsible for the establishment of a helicopter rescue service at Mt Everest Base Camp for the 2016 climbing season. This led to a TV series “Everest Air”, currently screening on American television. Anthony’s dedicated team of rescue Sherpas was instrumental in saving at least 40 lives. Hear his incredible story, and see some magnificent scenery, filmed at Everest. Some of Anthony's footage was shown on the Channel 7 “Sunday Night” program in May this year, when they travelled to Everest for a story on the unfortunate death of Australian climber Maria Strydom.

Anthony will be speaking at the Gold Coast Salvation Army, 157 Wardoo Street, Southport on 13 November at 4.30pm.

Don’t miss this once in a lifetime opportunity.